

Wednesday, November 13, 2019

7 a.m.	Guided Morning Stretching <i>Location: Tennis Courts</i>
7 a.m.	Registration, Breakfast & Viewing of Scientific Posters & Exhibits
Session I: Environmental Exposure: Impact & Assessment	
8 a.m.	President's Welcome Roger Newton, PhD, FACN, FAHA
8:15 a.m.	Session Overview
8:30 a.m.	Impacts of Toxins on Human Health & Disease Joseph E. Pizzorno Jr., ND https://youtu.be/saZbqvaIJIE
9:30 a.m.	Glyphosate Exposure & Nutrition Related Chronic Diseases Paul Mills, PhD https://youtu.be/-sGNPeEk89Q
10:30 a.m.	Break & Viewing of Scientific Posters & Exhibits
11 a.m.	Modulating Detoxification with Food & Food Compounds Deanna Minich, PhD, FACN, CNS, IFMCP https://youtu.be/DrVBSHD4b3c
Noon	<i>Research Brief 1</i> Safety of Bone Broth and Collagen Powder in Nutritional Care for Management: Results of a Pilot Study Investigating for Lead and Toxic Minerals, PLUS Nutritional Value, in Bone Broth and Supplemental Collagen Jill Sheppard Davenport, MS CNS LN LDN NBC-HWC https://youtu.be/w66Zbc_D4Bs
12:15 p.m.	Boxed Lunch & Viewing of Scientific Posters & Exhibits
12:30 p.m.	The History & Future of Nutrition Science (Lunch Presentation) Nina Teicholz https://youtu.be/6C8wjyK54U <i>Location: International Ballroom</i>
Session II: From Chronic Exposure to Chronic Disease	
1:15 p.m.	Session Overview
1:30 p.m.	Toxins & Cognition: Prevention & Amelioration of Alzheimer's Disease Dale Bredesen, MD https://youtu.be/ZRR-cJDF6ic
2:30 p.m.	Exposure to Environmental Toxins & Autoimmune Conditions Datis Kharrazian, PhD, DHSc, DC, MS, MMSc, FACN https://youtu.be/in4-letNDcs

3:30 p.m.	Break & Viewing of Scientific Posters & Exhibits
4 p.m.	<i>Research Brief 2</i> Diet, Nutrition Physical Activity & Cancer – Evidence, Recommendations & Adherence Nigel Brockton, PhD https://youtu.be/Hwqoy-0KZNo
4:15 p.m.	Endocrine Disruption & Women's Health Tieraona Low Dog, MD https://youtu.be/eDko8ATVGko
5:15 p.m.	Fireside Chat with Session I & II Speakers https://youtu.be/zNE7DALXHVw
7:30 - 10 p.m.	60th Anniversary Party <i>Location: International Ballroom</i> Join us in celebrating this historic milestone in the movement to power people to health with personalized nutrition. Light appetizers and refreshments included. Admission is free of charge.

Thursday, November 14, 2019

7 a.m.	Guided Morning Stretching <i>Location: Tennis Courts</i>
7 a.m.	Breakfast & Viewing of Scientific Posters & Exhibits
7:30 a.m.	Here be Dragons: Taking a Bold Journey into Genomics Together (Non-CME Breakfast Symposium) Sponsored by 3X4 Genetics & The Westreich Foundation Yael Joffe, PhD, RD, FACN https://youtu.be/vez8wpA1q4U
7:30 a.m.	Coffee & Conversations - A Student/Mentor Networking Activity <i>Location: Terrazza</i> Grab your cup of coffee from the exhibit hall and then head over to Terrazza for this casual networking time between mentors and students before the start of the conference. ACN Student Members and Mentors are welcome to attend this networking event.
Session III: From Chronic Disease to Regeneration	
8:15 a.m.	Session Overview
8:30 a.m.	Preserving Environmental & Human Health Daphne Miller, MD https://youtu.be/zn1aTM0arqI
9:30 a.m.	Food Systems, Sustainable Diets & Human Health Selena Ahmed, PhD https://youtu.be/5TbFxxSS4qY

10:30 a.m.	Break & Viewing of Scientific Posters & Exhibits
Noon	Research Brief 3 Elimination of Glyphosate in Humans: A Retrospective Case Study Angela Griffiths, DC, MSc, IFMCP, CNS Candidate https://youtu.be/HyqG5u0gHLA
12:15 p.m.	Lunch & Viewing of Scientific Posters & Exhibits
12:45 p.m.	Members Meeting & Santa Henríquez Farewell Celebration <i>Location: International Ballroom</i>
Session IV: Nutritional Genomics & Resilience	
2 p.m.	Session Overview
2:15 p.m.	Genomics of Detoxification Sharon Hausman-Cohen, MD, ABIHM https://youtu.be/Bu2kjkT4T9Q
3:15 p.m.	Gene-Toxin Interactions & Health Ahmed El-Sohemy, PhD https://youtu.be/cKQGGeHiLzs
4:15 p.m.	Break & Viewing of Scientific Posters & Exhibits
4:15 p.m.	Student Breakout: What Can I Do After Graduation? <i>Location: Terrazza</i>
5 p.m.	Fireside Chat with Session III & IV Speakers https://youtu.be/Y_W1qBB-4tw
5:45 p.m.	Adjournment
7:30 - 9 p.m.	Movie Night: Human Longevity Project Film Screening: Toxic Planet! How To Be Healthy In A Sick World <i>Location: Frescos Lounge/Bayside Terrace</i> We will be screening the Human Longevity Project which is a documentary film that will take you on an exciting journey around the globe, on a mission to discover the secrets of the longest-lived and healthiest populations on Earth.

Friday, November 15, 2019

7 a.m.	Guided Morning Stretching <i>Location: Tennis Courts</i>
7 a.m.	Breakfast & Viewing of Scientific Posters & Exhibits
Session V: Towards Resilience & Regeneration	
8:15 a.m.	Session Overview

8:30 a.m.	Important Connection Between Soil & the Microbiome Rob Knight, PhD https://youtu.be/mWz8Q_ZmGol
9:30 a.m.	Toxins & the Microbiome in Obesity & Metabolism Robert Bonakdar, MD, ABIHM, FAAFP https://youtu.be/0FSZ0pTCHjo
10:30 a.m.	Break & Viewing of Scientific Posters & Exhibits
10:30 a.m.	Student Breakout: FAQs about the CNS Exam & Supervised Practice <i>Location: Terrazza</i>
11 a.m.	Research Brief 5 The Applications of Personalized Nutrition in Lyme Disease Recovery Lindsay Christensen, MS https://youtu.be/vzyY708o2no
11:15 a.m.	Clinical Nutrition: <i>It Is All Changing And Why</i> Jeff Bland, PhD, FACN, FACB, CNS https://youtu.be/bP8GFA6v_kl
12:15 p.m.	Fireside Chat with Session V Speakers https://youtu.be/l3U3bvH8nRs
1:15 p.m.	Final Adjournment

Wireless Internet Instructions

To connect to the complimentary wireless internet:
Please select "Hilton Conference"
Enter the password: nutrition

Personalized Nutrition 2019 Conference App

All conference information including a detailed agenda, faculty listing, faculty disclosures, attendee list and course handouts can be found on the conference app. The app is free of charge and will be continuously updated during and after the course.

1. Download the app by searching stores for **American Nutrition Association** or entering the following URL into your mobile browser and clicking on applicable app store:
<https://crowd.cc/s/3hbRy>
2. Open the app and tap on: **Personalized Nutrition 2019: Regenerate Health in our Toxic Environment**
3. For laptop access visit <https://crowd.cc/ana2019>

How to Submit a Question to a Fireside Chat Panel

(Hint: It is in the app!)

1. Select the Fireside Chat you want to submit a question to from the **Schedule/Presentations Tab** in the Conference App.
2. Under Live Q&A – select **Submit a Question Now** and you will be able to type in your question that will then be sent directly to the Fireside Chat moderator.

Join the conversation **#ANA2019**