

# The Effectiveness of Natural Products & Integrative Medicine for Pain Management



## 9th Annual Scientific Symposium

Brought to you by:



American  
Nutrition  
Association

Thursday, October 31, 2013 1:30 p.m. – 5:20 p.m.

Northwestern Memorial Hospital  
251 E. Huron Street, Chicago IL 60611  
Feinberg Conference Center

Join a stellar panel of healthcare professionals for a half-day scientific symposium focused on the current evidence for the effectiveness of natural products and integrative medicine for pain management.

Time:	Speaker:	Presentation:
1:30 PM	<b>Richard L Sharpee, PhD</b> Director, Program Development, NHRI Bloomingdale, IL	Opening Remarks
1:40 PM	<b>Nancy C. Cotter, MD</b> Associate Clinical Professor University of Medicine & Dentistry of New Jersey/Rutgers University Morristown, NJ	Pain Free, Naturally: Strategies for Acute Pain Management using Integrative Medicine
2:20 PM	<b>David W. Miller, MD, FAAP, LAc, Dipl. OM</b> Private Practitioner, East-West Integrative Medicine Instructor, Pacific College of Oriental Medicine Chicago, IL	The Chinese Medical Approach to Pain Management in Children
3:10 PM	<b>David M. Brady, ND, DC, CCN, DACBN</b> Vice Provost, Health Sciences Director, Human Nutrition Institute College of Naturopathic Medicine University of Bridgeport Bridgeport, CT	Flavocoxid: A Medicinal Extract of <i>Scutellaria bicalensis</i> & <i>Acacia catechu</i> Acts as a Dual Inhibitor of Cyclooxygenase & 5-Lipoxygenase to Reduce Inflammation and Pain
3:40 PM	Break	
4:00 PM	<b>Adam Perlman, MD, MPH, FACP</b> Associate Professor, Integrative Medicine Assistant Vice President, Duke Health & Wellness Duke University Health System Durham, NC	Integrative Medicine Approach to the Management of Osteoarthritis
4:40 PM	<b>Patrick Massey, MD, PhD</b> Medical Director, Comp. & Alt. Medicine Alexian Brothers Hospital Network President, ALT-MED Medical & Phys. Therapy Elk Grove, IL	Fibromyalgia: Successful Integrative Medicine Approach with Dietary Supplements for Irritable Bowel Syndrome
5:10 PM	<b>Michael Stroka, JD, MS, CNS, CCN, LDN</b> President, ANA La Grange, IL	Closing Remarks

### Registration:

Register online at [www.theANA.org](http://www.theANA.org)



General Registration Effective October 15: \$30.00

Student Registration Effective October 15: \$20.00

Early Bird Rate: \$10.00 Off General or Student Registration  
through October 14:

Registration fee includes refreshments.  
CME Credits are pending

### Hotel Accommodations:

*Limited availability, book early*  
Crowne Plaza Avenue Chicago  
160 East Huron  
Chicago IL  
1-877-227-6963

\$179.00/night  
To receive discount, mention group  
code "L 52" when booking

### Questions:

Please contact Lynn Rugaard  
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